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HERE IS MY SHORT-TERM PERSONAL HISTORY (inspired by Glamour magazine's article *The Last*)



...time I laughed: watching a baby TikTok video this morning.



...time I cried: Yesterday while frustrated after Shep's PT.



...thing I paid for: Shep's PT



...thing I did for someone else: Made lunch for the kids.



...place I went: the kids' school



...picture I took: Shep's PT lesson plan that we gave his school.



...time I said "I love you": To SP when I dropped her at school.



...thing I ate/drank: Coffee + Shakeology.



...news I read: Supreme Court limits EPA's power to combat climate change on Washington Post.



...text I sent: "Y'all follow my new organizing TikTok page [tiktok.com/@organizewithe](https://www.tiktok.com/@organizewithe)" to my cousins.



...thing I Googled: "You'll be saying no, no, no" trying to remember the name of a song.



...song I streamed: No, No, No Pt. 2 by Destiny's Child + Wyclef Jean

LAST